# **CTPC Instructor Theory**

## Thoughts

I need to be able to get campers on the water so they can have some fun. What do I need to know to be able to quickly, safely and effectively teach them basic paddling technique?





**Prerequisites:** ACA L2 Skill Assessment or equivalent experience in chosen discipline.

**Next Step:** CTPC Instructing Basic Strokes & Recoveries; ACA IDW/ICE

## **Topics Covered**

We will cover fundamental teaching skills: teaching theory, learning styles, planning a lesson, setting up a class, safety factors, importance of fun, steps in teaching a stroke, on-water teaching issues, communication, the instructor tool box, etc.

### **Details and Requirements**

This half day class is typically taught off-water in a classroom setting using an interactive group style with multi-media presentations and discussions. This class is structured to be taught in conjunction with an on-water trainer development class in the chosen discipline (kayak, canoe, SUP) along with an on-water assessment and exam. There are no prerequisites for this portion of the program, but prerequisites for the on-water portion reflect the skills needed to model strokes, maneuvers and recoveries for the chosen craft.

**Basic Equipment** classroom or sheltered area with sufficient seating for class; projector and whiteboard/flipchart; available restroom facilities required; refreshments are recommended.

**Personal Equipment** this is not an on-water class, the candidate should come dressed casually unless on-water instructor development class is to follow immediately – then have on-water clothing & gear available. Students should bring note-taking supplies or equipment unless provided their organization.

### **Special Requirements**

This is an upper level class intended for trained/experienced paddlers in the chosen discipline (kayak, canoe, SUP) and venue (coastal, flatwater, river) who have motivation to effectively teach basic paddling skills. Training focuses on teaching and learning technique with the presumption that essential paddling skills are largely present.

Costs and Fees		
Class Fee	Boat and Gear Rental	CTPC Participation Card
Inquire	N/A	Available on request