

Peconic Paddle-In 2012 – Our Instructors

This is the initial list of Paddle-In Training Staff. As others join the team we will update this document - updated 9/11/2012

Elizabeth O'Connor – Dayton: Elizabeth, our Event Coordinator, is well-known for organizing Paddle-sport events and symposiums. Elizabeth is an ACA Level 4 (Open Water) Coastal Kayak Instructor Trainer with special Endorsement in Adaptive Paddling. She is President of Sea Kayaking Skills and Adventures (Long Island) and Changing Tides PaddleCraft (Connecticut). She has been in boats most of her life and kayak instructor for more than 10 years. Elizabeth is a 5-time National Sea Kayak Marathon winner and a former member of the National Kayak marathon team.

Armand Mickune – Santos: Armand is an ACA Level 4 (Open Water) Coastal Kayak Instructor Trainer Educator and a BCU L5 paddler. Armand (Mickey) Mickune-Santos is a Medford, MA coastal kayak instructor who works with Charles River Canoe & Kayak and Weston Ski Track. Armand is a veteran American Canoe Association Coastal Kayak Instructor Trainer Educator who has trained and certified many coastal kayak instructors who are presently working in the New England region. When not paddling Massachusetts's diverse coastline he works as a special education teacher and head softball coach at Dartmouth (MA) High School.

Gordon Dayton: Gordon is an ACA Level 4 (Open Water) Coastal Kayak Instructor and an L2 Touring Canoe Instructor (Solo & Tandem). Gordon has been paddling for over 10 years and instructing since 2005. Gordon instructs with Elizabeth O'Connor at Sea Kayaking Skills and Adventures and Changing Tides PaddleCraft. Gordon is currently a member of the Board of Directors of the American Canoe Association and active in the ACA Atlantic Division and local paddling clubs.

Doug Ford: Doug is an ACA Level 3 Coastal Kayak Instructor with special Endorsement to teach Kayak Rolling and Adaptive Paddling. Doug is co-founder of North Atlantic Canoe and Kayak, a Long Island club organized around paddling instruction.

Dan Troup: Dan is an ACA Level 3 Coastal Kayak Instructor with special Endorsement to teach Kayak Rolling. Dan has extensive experience paddling Long Island waters and has worked with Sea Kayaking Skills and Adventures for more than 10 years. He is an active Instructor in central and western LI.

Dorothy Lewandowski: Dorothy (Dotty) is an ACA Level 3 Coastal Kayak Instructor. Based in Western LI. Dotty is an active member of the Instruction staff at Sebago Canoe and Kayak Club.

Walter Lewandowski: Walter is an ACA Level 2 Coastal Kayak Instructor. He holds the post of Kayaking Chair at Sebago Canoe Club. Walter is an active Paddler and Instructor in Western Long Island.

All ACA Instructors are required to hold certification in First Aid and CPR