

# ACA Canoe Skill Assessment – Level 1

## Thoughts

How can I determine if I have learned the requirements of Introductory Canoeing? Am I safe on the water? This assessment will validate and certify your ACA Level-1 Canoe skills.



**Prerequisites:** *ACA membership, recent ACA L1 Skills class and/or equivalent skills, trip log.*

**Next Step:** *ACA Level 2 Canoe class*

## Topics Covered

Candidates will have gear and demonstrate knowledge and skills defined in the ACA Canoeing Level 1 Skill Assessment criteria. This includes craft, gear and accessory equipment; proper transport and launch; basic boat handling, maneuvering and support strokes; and introductory safety and self rescue skills in protected waters. Please visit [www.AmericanCanoe.org](http://www.AmericanCanoe.org) for further details.

## Details and Requirements

Minimum of 2 candidates are required for this Assessment. Duration is 4-8 hours depending on group size. Candidates should arrive early and be prepared at the time indicated. Candidates are expected to demonstrate familiarity with equipment, whether owned or borrowed. Those receiving certification will show mastery of introductory level skills. Candidates may also be continued or declined based on performance as explained at the debriefing. This program may be run in conjunction with a level 2 Skills Assessment.

**Basic Equipment** includes a properly outfitted canoe with paddle, pads and related safety equipment including PFD, bow/stern lines, bailer and sling. Equipment can be provided to meet specific requests.

**Personal Equipment** includes clothing suitable for immersion (synthetics, no cotton) and water shoes (no open-sided sandals). Some students prefer to use nose-clips, earplugs, and/or swim goggles during immersion, though generally not required. Other items of personal responsibility include: sunglasses, sunscreen, hat (with visor), bug repellent and spare (dry) clothing. In cooler weather or on windy days a wind breaker may also offer comfort.

**NOTE:** We are not responsible for lost or damaged personal items. Plan to leave electronic keys, cell phones, etc. on shore or in a floating, waterproof container. Consider retention aids for prescription glasses, hats and other items dear to you.

## Special Requirements

Please bring your desire to have fun and a spirit of adventure. In order to best serve you please advise us of any personal issues when registering so that we can prepare in advance for specific needs. Let us know in confidence of any medical issues prior to the start of class. We can accommodate most concerns.

## Costs and Fees

| Class Fee | Boat and Gear Rental | ACA Assessment Card    |
|-----------|----------------------|------------------------|
| Inquire   | Available, inquire   | Included if successful |