

ACA Coastal Kayak Skill Assessment – Level 3

Thoughts

How can I be sure I am a fully competent to support myself and others on a trip? Am I prepared help plan and lead a trip? This assessment will validate and certify your ACA Level-3 Kayak skills.



Prerequisites: *ACA membership, recent ACA L3 skill classes or equivalent skills, Level 3 trip log, regular practice in L3 conditions.*

Next Step: *ACA Level 4 Skills classes*

Topics Covered

Candidates will have gear and demonstrate knowledge and skills defined in the ACA Coastal Kayaking Level 3 Skill Assessment criteria. This includes comprehensive gear, effective paddling and boat handling in more demanding conditions; good maneuvering and support strokes while edging; competency in self and assisted deep water rescues and towing and navigation. Please visit www.AmericanCanoe.org for further details.

Details and Requirements

Minimum of 2-4 candidates are required for this 6-8 hr Assessment. Please arrive early, fully prepared. Candidates are expected to demonstrate competency with owned or borrowed equipment. Those receiving certification will show mastery of all required skills including beginning rolling. Candidates may be approve, continued or declined based on performance as covered at the debriefing.

Basic Equipment includes a properly outfitted kayak with paddle and related safety equipment for self and group including PFD, spray skirt, paddle float, pump, sling, group first aid kit and tow belt. Equipment can be provided on request, but it is assumed most will be your own.

Personal Equipment includes immersion clothing suited to season and conditions: wetsuit, paddle top, drysuit etc. Nose-clips or earplugs are acceptable, though generally not required. Other items of personal responsibility include: sunglasses, sunscreen, hat (with visor), bug repellent and spare (dry) clothing. In cooler weather or on windy days a wind breaker may also offer comfort.

NOTE: We are not responsible for lost or damaged personal items. Plan to leave electronics on shore or properly stowed. Plan for personal care of prescription glasses, hats and other personal items.

Special Requirements

Please bring strong skills and a spirit of adventure. Please advise us of any personal issues when registering so that we can prepare in advance for special needs. Let us know in confidence of any medical issues prior to the start of class. We can accommodate most concerns.

Costs and Fees

Class Fee	Boat and Gear Rental	ACA Assessment Card
Inquire	Available, inquire	Included if successful