

ACA Coastal Kayak Surf Zone

Thoughts

For intermediate and advanced paddlers who want to develop or improve understanding and skills in the surf zone. This course will prepare you for launching, landing and playing in the surf.



Prerequisites: *ACA Open Water Courses* or *ACA Level-3 (or higher) Kayak Skill Certificate*.

Next Step: *ACA Level 4 Skill Assessment, Advance Open Water or Surf Courses*

Topics Covered

Course covers surf zone dynamics, etiquette, and hazards, group communication and safety in surf, swimming in surf, bracing in breaking waves, launching and landing techniques, basic boat control and positioning on the wave for kayak surfing.

Details and Requirements

This 8 hour course designed for the committed paddler who has demonstrated good level-3 skills. Participation may be documented with an ACA registration card provided for a nominal fee. Course is planned for group participation in a suitable rough-water environment such as a bay or seashore with moderate exposure and wave action.

Basic Equipment includes a properly outfitted sea kayak with integral flotation and deck lines, appropriate navigation equipment, touring paddle and related safety equipment including PFD, spray skirt, paddle float, pump, sling and helmet. Some equipment can be provided if needed, although it expected that students at this level will use your own equipment. Please advise us on any equipment you may need before the class. ***Helmets appropriate to surfing required for this course.***

Personal Equipment recommendations include clothing suitable for immersion and water shoes (no open-sided sandals). The student should come prepared for frequent, extended immersion while practicing skills. Nose-clips and/or earplugs are acceptable if properly rigged. Other items of personal responsibility include: sunglasses, sunscreen, hat with visor, bug repellent and spare (dry) clothing. In cooler weather or on windy days more protective clothing is advised.

NOTE: We are not responsible for lost or damaged personal items. Plan to leave electronic keys, cell phones, etc. on shore or in a floating, waterproof container. Consider retention aids for prescription glasses, hats and other items dear to you.

Special Requirements

Please bring a desire for serious fun and a spirit of adventure. In order to best serve you please advise us of any personal issues when registering so that we can prepare in advance for special paddling equipment. Let us know in confidence of any medical issues prior to the start of class.

Costs and Fees

Class Fee	Boat and Gear Rental	ACA Participation Card
Inquire	Available, Inquire	Available on request