

# ACA Smart Start Your Kayak or Canoe

## Thoughts

I am out for a good time and a quick paddling adventure, hopefully without the embarrassment of a rescue. I want to get on the water as quickly as possible with only the needed instruction.



**Prerequisites:** *None*

## Next Step:

*ACA Quick-Start, Intro or Essentials of Kayak or Canoe:*

We will cover the basic needed to safely get you into the boat on the water and keep up with a group of other novice paddlers. This brief lesson is designed to prepare you for a short trip on protected waters. It is a great way for beginners to try the sport for fit to their recreational needs.

## Details and Requirements

This short 30-60 min lesson is designed for the beginning paddler has no prerequisites. Course is designed for group participation in a suitable flat-water environment such as a lake, cove, pool, or similar protected water. Generally this is followed by a brief tour to develop a feel for the craft.

**Basic Equipment** includes a properly outfitted kayak or canoe with paddle and appropriate safety equipment including PFD, spray skirt. This equipment will usually be provided for the beginner. Please advise us on any special needs you may need before the class.

**Personal Equipment** recommendations include clothing suitable for immersion (synthetics, no cotton) and water shoes (no open-sided sandals). The student should come prepared for brief periods of unplanned immersion. Other items of personal responsibility include sunglasses, sunscreen, hat with visor, bug repellent, and spare (dry) clothing. In cooler weather or on windy days a windbreaker may also offer comfort.

**NOTE:** We are not responsible for lost or damaged personal items. Plan to leave electronic keys, cell phones, etc. on shore or in a floating, waterproof container. Consider retention aids for prescription glasses, hats and other items dear to you.

## Special Requirements

Please bring your desire to have fun and a spirit of adventure. In order to best serve you please advise us of any personal issues when registering so that we can prepare in advance for special needs or equipment. Let us know in confidence of any medical issues prior to the start of class. We can accommodate most concerns.

## Topics Covered

### Costs and Fees

Class Fee	Boat and Gear Rental	ACA Participation Card
Inquire	Available, inquire	Available on request