

CTPC Native Rolling

Thoughts

Greenland natives had almost lost their traditional skills when Edward Pawlata visited them and began to bring kayak rolling back to Europe. Today we are seeing a resurgence of interest in Native Communities and all over the world in traditional techniques.



Prerequisites: *CTPC Basic Rolling.*

Students in this class should have a basic roll

Next Step: *repeat this class, CTPC Advanced Rolling, ACA L3/L4 Classes*

Topics Covered

We will review native boats, the native paddle & paddle building, and develop traditional rolling techniques with the native paddle. Time permitting we will work on the throwing stick roll, butterfly roll, hand roll, etc.

Details and Requirements

This is a CTPC Custom 3-6 hour class. Students coming to this clinic should have mastered the basic roll. The course is planned for solo or group participation in a suitable flat-water environment such as a lake, cove, pool or similar protected water.

Basic Equipment includes a properly outfitted sea kayak or skin-on-frame kayak with native paddle and related safety equipment including PFD and spray skirt. This equipment may be provided on request, although it is best to use your own equipment if available. Please advise us on any equipment you may need prior to the class.

Personal Equipment recommendations include clothing suitable for immersion (synthetics, no cotton) and water shoes (no open-sided sandals). The student should come prepared for frequent periods of immersion while practicing skills. Some students prefer to use nose-clips, earplugs, and/or swim goggles during immersion – all are acceptable. Other items of personal responsibility include: sunglasses, sunscreen, hat with visor, bug repellent and spare (dry) clothing. In cooler weather or on windy days a wind breaker or paddle jacket may also offer comfort.

NOTE: We are not responsible for lost or damaged personal items. Plan to leave electronic keys, cell phones, etc. on shore or in a floating, waterproof container. Consider retention aids for prescription glasses, hats and other items dear to you.

Special Requirements

Please bring your commitment to serious fun and a spirit of adventure. In order to best serve you please advise us of any personal issues when registering so that we can prepare in advance for special paddling equipment. Let us know in confidence of any medical issues prior to the start of class. We can accommodate most concerns.

Costs and Fees

Class Fee	Boat and Gear Rental	CTPC Participation Card
Inquire	Available, Inquire	Available on request