

# CTPC Skills Circle

## Thoughts

I am committed to my own paddling development. I know that CTPC can take me where I want to go. How can I plan a long-range cost effective program?



**Prerequisites:** *Commitment to Changing Tides PaddleCraft as your preferred resource for your paddling development*

## Next Step:

*You have made a long-term commitment. Let's work together to see it through.*

## Personal Evaluation

Schedule an initial evaluation session with one of our head instructors. At this session you will be asked to show us how you paddle and will be led through a series of strokes and maneuvers. We will evaluate your paddling experience. We will provide you with a review of your strengths and weaknesses and a preliminary assessment of your present skill level. Please come to your evaluation with recommended equipment and prepared for immersion.

## Training Plan

Based on your initial evaluation, we will work together to set goals for your development and prepare a personal training plan. The plan will recognize up to five levels of development coordinated with established skill levels. You will be shown how to maintain a paddling log to track your training and tripping progress. Your training plan will include a course plan, gear and equipment recommendations and fitness. We will make you aware of scheduled courses that fit into your plan in a cost effective way. Alternatively we can schedule private or semiprivate lessons that allow you to advance at your own pace without distraction from other students.

*NOTE: it is the recommendation of the ACA and CTPC that you not paddle alone. Many of the rescue skills in our curriculums are assisted rescues that require practice or demonstration with others. Private lessons are not designed to eliminate the need for group support.*

## Assessments

As your training develops to specific levels we will offer Skill Assessments that confirm your capabilities at each level. As part of the assessment we will discuss your strengths and areas that might benefit from further practice or study. Skills circle candidates will also receive a review of their established training plan.

## Discount Program

CTPC values the commitment to the Skills Circle program. After completion of the initial evaluation and basic training, Skills circle participants that follow our Training and Assessment Plan will receive a 20% discount off standard rates for intermediate and advanced skill training and assessments. Sorry, we cannot apply this discount when contracted to another organization.

## Costs and Fees

Evaluation Fee	Boat and Gear Rental	CTPC Participation Cards
Inquire	Available, inquire	Inquire