

Southern Connecticut Small Craft Symposium

March 9, 2013 at Wilbur Cross High School, New Haven, CT

From 10:00 am through 5:00 pm

SCSCS Presentations – off-water lectures

Updated March 7

United States Coast Guard Paddle Smart: This presentation is for all those who wish to have a happy landing and good tales to tell upon returning from their time on the water.

Presenter: Ric Klinger, USCG - ADSO Paddle Smart

Time: 45 min

Room A

Small Boaters and Cold Water Immersion (Fishermen, Hunters, Paddlers, Sailors): Cold water can kill. Learn its threats and how to protect yourself - a stimulating and information-laden lecture.

Presenter: Mark Chanski, CT-DEEP, Bureau of Outdoor Recreation, Boating
Division CT-DEP / Boating

Time: 45 min

Room A

Adaptive Paddling: This is the art and science of bringing people with physical challenges to the sport of paddling. A lot of work goes into learning how to prepare the boat to fit the needs of each participant and put them on the water safely, but the rewards of this effort are enormous.

Presenter: TBA, New Haven Parks

Time: 45 min

Room A

Kayak Fishing: What kind of fish can you expect to find and how do you catch them from your kayak or canoe. Learn about how to rig your line and your boat to help catch the big one.

Presenter: TBA, New Haven Parks

Time: 45 min

Room A

Wet Land Birding: Birding from your canoe or kayak is fun and rewarding. Come learn what waterfowl and other birds you might see along your trip on the waterways.

Presenter: TBA, New Haven Parks

Time: 45 min

Room A

Paddling in and Around the Norwalk Islands: Discussion of local kayaking in the Norwalk/Westport/Darien area around the Norwalk Islands, including where to launch, which islands are public, including camping, and islands that are part of the Stewart McKinney Wildlife Refuge. Coastal and local river paddling are also discussed.

Presenter: David Park, Director, Norwalk River Watershed Assoc, Norwalk River Valley Trail Steering Committee, East Norwalk Library, past Chair of the Norwalk Historical Commission.
Author/Presenter will have guidebooks available for \$10 each.

Time: 45 min

Room B

Reading the River: Are you ready for moving water? Can you “read” a river? Do you have a “throw bag” and know how to use it? How about a knife? What about strainers, low-head dams? Lets get started with the basics!

Presenter: Dave Faber of Connecticut Outdoors, LLC

Time: 45 min

Room B

Basic Small Craft Navigation and Charts: It is easy to launch, but not always clear how to reach your destination or find your way back. Plan to return by adding basic on-water navigation to your toolbox.

Presenters: Egbert Most, Instructor for Waterbury Power Squadron. Egbert has been boating for 30 years and paddling for 5 years and has varied outdoor interests.

Time: 45 min

Room B

Weather Awareness Part I: the best-laid plans can be thrown off course by a sudden squall. Weather data, weather knowledge and weather awareness are key to a successful outing. Join our workshop on weather and gather some new elements for your weather toolbox.

Presenter: Egbert Most, Instructor for Waterbury Power Squadron. Egbert has been boating for 30 years and paddling for 5 years and has varied outdoor interests

Time: 45 min

Room B

Weather Awareness Part II: A continuation of part I

Presenter: Egbert Most, *see above*

Time: 45 min

Room B

Choosing Your Small Craft: There are a wide variety of small craft types out there. How do you know what craft is best suited for you and the type of paddling you want to do? Join the discussion to learn about different boat types, conditions they are designed for and why. We'll touch on hull-design; different materials boats are made from; safety factors and boat fitting.

Presenter: : Phil Warner, ACA L4 Open Water Coastal Kayak

Time: 45 min

Room C

Essential Equipment for the Recreational Paddler Day Trip: what will you need, what might you need, what could you do without for a day trip on the water? We are here with answers specific to you and your craft. Learn how to perform your own paddle craft safety check.

Presenter: Phil Warner, ACA L4 Open Water Coastal Kayak Instructor

Time: 45 min

Room C

Making a Float Plan: What is a float plan? How do you make one? Why is a float plan important? Come learn how this can help locate you in case of an emergency.

Presenter: Elizabeth O'Connor of Changing Tides PaddleCraft.

Time: 45 min

Room C

Getting the Most from Your Froward Stroke: Does your stroke have too much splash and not enough dash? Are you down in the mouth because you are not "up in the front"? What are the key elements to help you work less as you move your craft more. Join us to learn to have more fun on the water.

Presenter: Elizabeth O'Connor of Changing Tides PaddleCraft. Elizabeth is 6-time Women's US Marathon Champion, 2003 World Championships US Team member, ACA L4 Open Water Coastal Kayak Instructor Trainer and SCSCS Coordinator.

Time: 45 min

Room C

Communicating from Your Boat: Cell-phones, VHF Radios, and other signaling devices – what works best for each situation? How do you use them and whom can you call? What can you do to enhance your visibility on the water and how do we handle emergency situations?

Presenter: Gordon Dayton of Changing Tides PaddleCraft, ACA L4 Open Water Coastal Kayak, L2 Canoe Instructor.

Time: 45 min

Room C

Paddle Crafting Demonstration: Come watch and learn the craft of paddle making as Brian show his skill in construction of a Greenland paddle.

Demonstrator: Brian Cooper,

Time: All day (multiple 45 min demos)

Room D

SCSCS 2012 Presentations – On-water Demonstrations

Stand-Up Paddle Board: this trendy craft is now seen on all types of waters from sea coast to lakes and even white water. See one up close as we demonstrate its use, show basic strokes, discuss where to paddle and review types of boards and paddles.

Demonstrator: Chris Peterson recreational Sea kayaker, WW kayaker, SUP paddler and ConnYak member

Time: 45 min

Pool

Solo Canoeing Maneuvers: the canoe a great choice for transporting a lot of equipment. Unfortunately, many are relegated permanently to the back yard when new owners realize how difficult they can be to maneuver, especially for only one paddler. See how to make this traditional and romantic craft move and maneuver gracefully where you want it to go.

Demonstrator: Gordon Dayton of Changing Tides PaddleCraft, ACA L4 Coastal Kayak and L2 Canoe Instructor.

Time: 45 min

Pool

Kayaking Maneuvers and Recoveries: discover how to make your boat do more than just move forward as this group of paddlers demonstrates basic boat handling skills and capsized recoveries.

Demonstrator: Tom Straub, Dan Troup, Maria Hampson, John Weikert, North Atlantic Canoe and Kayak Club (NACK) GetTheNACK.com

Time: 45 min

Pool

Kayak Bracing and Rolling: bracing is an everyday skill. Rolling is the ultimate in self-rescue. These skills can be valuable to learn and captivating to watch but can be impossible to master without a certified instructor.

Demonstrators: Walter Lewandowski, Bonnie Andinger, Thomas “Quint” Klinger, Sebago Canoe Club, Sebago Canoe Club, ACA L2 and L4 Coastal Kayak Instructors and experienced trip leaders.

Time: 45 min

Pool

The Recreational Kayak – Seaworthiness and Rescue: this is perhaps the most common small craft on inland and coastal waters today. It is an easy craft to acquire but can be problematic to handle and recover. Learn techniques and precautions for this popular craft.

Demonstrator: Elizabeth O’Connor of Changing Tides PaddleCraft. and Phil Warner

Time: 45 min

Pool

Personal Flotation Devices (Life Vests) – Effective Use: on-water fatalities are on the rise. Statistics show that most fatalities occur to boaters who do not have or properly wear a PFD. Learn the basic types of vests, which are best for your sport and how and when to wear them. Enjoy our realistic in-water demo!

Don't be a statistic – it won't kill you to wear your PFD!

Demonstrator: Mark Chanski, CT-DEP, Bureau of Outdoor Recreation,
Boating Division [CT-DEP / Boating](#)

Time: 45 min

Pool

For more information call Elizabeth (Symposium Coordinator) at 203-903-5705 or e-mail us at ChangingTidesPC@gmail.com